

Last Orders, Alcohol and Risk

- **Lesson One**

1. Why do people drink alcohol?

A. To give them confidence

B. To help them relax

C. To make them happy

D. To get smashed



Answer: All of these



2. Which drug kills more people in the UK?

A. Alcohol



B. Heroin



C. Cannabis



D. Ecstasy



Answer: A

- **Alcohol kills more people in the UK than all the other illegal drugs put together.**
- **4144 deaths in 1991 increased to 8386 deaths in 2005.**
- **NOTE Smoking related deaths approximately 88,000**



(Office of National Statistics)

3. Drinking alcohol makes people violent?

A. True



B. False



C. Depends

Answer: C

The Alcohol

- Strength of the alcohol
- How much
- Are there any other drugs in the system

The Individual

- The Gender
- Size
- Tolerance level
- Health

The Situation

- The atmosphere
- Expectations

4. Drinking spirits is more dangerous than drinking lager or beer?

A. True



B. False

C. Depends



Answer: C

- **Depends on how much is drunk and the strength of what is drunk.**

5. Alcohol affects women more than men?

A. True



B. False



Answer: A

This is true.

- **Women are generally smaller than men**
- **Women have more fat and less water in their bodies than men.**
- **Therefore alcohol is more concentrated in women's bodies.**

6. If a person drank 6 pints of normal strength lager/beer in fairly rapid succession, approximately how many hours would it take to clear all the alcohol from the body?

A. Six Hours

B. Nine Hours

C. Eleven Hours

D. Twelve Hours



Answer: D

- **It takes the body one hour to break down one unit of alcohol**
- **One unit is:**
- **Half a pint of beer or lager
3.5% ABV**
- **Small glass of wine 125ml
9% ABV**
- **One pub measure of vodka/ etc**

7. What is the first function of the brain to be affected by alcohol use?

A. Speech

B. Inhibitions/Behaviour

C. Balance

D. Vision



Answer: B

- **Alcohol being a depressant drug is gradually shutting down your brain and stopping it from working properly**
 - 1. Thinking – Judgements/decision making**
 - 2. Moving – Physical co-ordination**
 - 3. Speaking – Slurred speech/aggressive language**
 - 4. Seeing – Blurred vision**
 - 5. Hearing - Impaired**
 - 6. Breathing – acute alcohol poisoning**

8. Black coffee or a cold shower will sober you up?

A. True



B. False

C. Depends

Answer: B

- **Only time will sober you up.**
- **It is the liver that breaks down the alcohol when we drink it**

9. How many teenagers are admitted to hospital every year with acute alcohol poisoning?

- A. 500
- B. 800
- C. 1000
- D. 300



Answer: C

- **Of those 1000 teenagers 20 of them will be between the ages of 9 – 15.**
- **This is extremely dangerous as young people can experience coma and breathing difficulties at a lower level than adults.**

10. How many teenage pregnancies are due to unplanned sex?

A. 9 out of 10

B. 5 out of 10

C. 3 out of 10

D. 7 out of 10



Answer: D

- **Recent reports show that 7 out of 10 teenage pregnancies are directly linked with drinking alcohol leading to unplanned sexual activity.**
- **NB The first function of the brain to be affected by alcohol is your inhibitions/behaviour.**

11. What is the legal age for consent for sexual intercourse in the U.K?

- A. 14 years of age
- B. 17 years of age
- C. 16 years of age
- D. 18 years of age



Answer: C

- **For any relationship**

12. At a party a 16 year old girl is drunk and incoherent. A 16 year old boy has sex with her. Has she consented?

A. Yes

B. No

C. Maybe



Answer: A/B/C

- **Any of these..... in the cold light of day?**

**AND FINALLY..... Most people
drink in sensible amounts**

BUT.....

**However, when people
drink too much, it may lead
to many different problems**